

Suggested Interview Questions for Susan Newman, PhD—author of **JUST ONE**

- 1) You've written more than a dozen books in the family relationship and parenting fields. What in your background led you to focus on only children—an area you've spent decades exploring?
- 2) We know one-child families have carried a negative stigma for a very long time. How did that start and why did that feeling hold for so long?
- 3) The number of only children keeps growing. Can you explain why that's happening—not only in the U.S. but worldwide?
- 4) What emotional concerns do you most often hear from parents of only children, and how do you address them in your book?
- 5) In our society, so much pressure around childrearing has been focused tightly on the mother as the center and the soul of family. Is that an unreasonable burden to place on a woman—doesn't that kind of high expectation impose stress, pressure, even guilt on a woman who opts to have **JUST ONE** child?
- 6) Tell us about some of the *scientific* data to emerge in recent years in favor of an only-child family. How does this kind of measurable research further define the matter—pro **OR** con?
- 7) What are the most persistent myths about having one child that you're working to dispel?
- 8) You mention “secrets” in the subtitle of the book. Can you share the surprising or counterintuitive findings from your interviews or research?
- 9) Looking ahead a decade or two, what kind of world do you see in terms of “only child” families?
- 10) Where can people go to buy your book? **JUST ONE** is available through Amazon, Barnes & Noble, and everywhere else that books are sold.

#####